

Kicks 4 Kids Belt Testing Requirements

Students are allowed to do each belt requirement separately or together.

White Belt:

- 1) Count to 10 in Korean
- 2) Front-snap kick
- 3) Sequence: front-snap kick, front-snap kick, switch
- 4) Hop forward

Yellow

- 1) Recite the Tenets of Taekwondo:
 - a) Courtesy, Integrity, Perseverance, Self Control, Indomitable Spirit
- 2) Roundhouse kick
- 3) Hop back
- 4) Punch
- 5) Sequence: hop back, roundhouse, roundhouse, punch

Green

- 1) Cover-punch
- 2) Fast kick
- 3) Cut kick
- 4) Hop-back kick
- 5) Axe kick
- 6) Sequence: cut kick, fast kick, axe kick

Blue

TBA

Purple

TBA

Brown

TBA

Red

TBA

Black

TBA